

## INDIGESTION, GAS OR BAD STOMACH

Time it! Pape's Diapepsin ends all Stomach misery in five minutes.

Do some foods you eat hit back—taste good, but work badly; ferment into stubborn lumps and cause a sick, sour, gassy stomach? Now, Mr. or Mrs. Dyspeptic, let this down: Pape's Diapepsin digests everything, leaving nothing to sour and upset you. There never was anything so safely quick, so certainly effective. No difference how badly your stomach is disordered you will get happy relief in five minutes, but what pleases you most is that it strengthens and regulates your stomach so you can eat your favorite foods without fear.

You feel different as soon as "Pape's Diapepsin" comes in contact with the stomach—distress just vanishes—your stomach gets sweet, no gases, no belching, no eructations of undigested food. Go now, make the best investment you ever made, by getting a large fifty-cent case of Pape's Diapepsin from any store. You realize in five minutes how needless it is to suffer from indigestion, dyspepsia or bad stomach. Adv.

### Johnny's Mind Elsewhere.

Teacher—Johnny Hinks, describe the earth.

Johnny—The earth is like—is like a round like a baseball.

Teacher—Good, now what are the four seasons?

Johnny—The earth is round like a baseball and has four seasons.

Teacher—Yes, go ahead.

Johnny—First base, second base, third base and home!—St. Louis Republic.

## Keen Appetite, Bowels Regular Always Feel Fine

Take this famous remedy that Hot Springs, Arkansas, doctors prescribe as a general tonic and blood purifier and to make the bowels and stomach clean and antiseptic. If dissatisfied your money will be gladly returned.

The best remedy for liver, stomach or bowel troubles and especially constipation is the famous HOT SPRINGS LIVER BUTTONE.

Don't miss getting a box today—they tone up the liver, drive out the poisonous gas and waste in the bowels and make you feel simply splendid in a few hours.

Get out Colic and all long purgatives. Try HOT SPRINGS LIVER BUTTONE just once and you'll have no use for any other liver remedy. Fine for sick headache, yellow skin, dull eyes and blotches. Druggists everywhere for 25c. Free sample and 100 of our 17,000 testimonials from Hot Springs Chemical Co., Hot Springs, Ark.

### Flattery.

An old lady, wishing to pay a compliment to the preaching of the new vicar, told him:

"Really, sir, we didn't know what sin was until you came to the parish."—London Tit-Bits.

## GRANDMA USED SAGE TEA TO DARKEN HER GRAY HAIR

She Made Up a Mixture of Sage Tea and Sulphur to Bring Back Color, Gloss, Thickness.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray; also ends dandruff, itching scalp and stops falling hair. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome. Nowadays, by asking at any store for "Wyeth's Sage and Sulphur Hair Remedy," you will get a large bottle of this famous old recipe for about 50 cents.

Don't stay gray! Try it! No one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy. Adv.

### Quite True.

"Mrs. Climber boasts that she was high born."

"So she was. The top of a tenement."

Stubborn Colds and Irritated Bronchial Tubes are easily relieved by Dean's Mentholated Cough Drops—5c at Druggists.

Some people get so used to being looked up to that they carry their pedestals around with them.

Water in bluing is adulteration. Glass and water makes liquid blue costly. Buy Red Cross Ball Blue—Adv.

The pen is mightier than some criminals who try to break out.

## DRY CLEANSING BEST

MOST EFFECTIVE METHOD OF PREPARING CURRANTS.

Use of Squash Strainer and Flour Will Do Away With Much of the Tedious Work Heretofore Made Necessary.

This tiresome work has been greatly lessened by the introduction of currants already cleaned and put up in convenient packages, but many housekeepers, either from choice or necessity, use the currants which come in bulk, and have not yet learned the easiest way of thoroughly cleansing. Instead of putting them directly into water, a sort of dry cleansing is a great help in removing the grit and other foreign substances. Put the currants in a squash strainer and sprinkle them thickly with flour. Rub them well between the palms of the hands until the bunches are separated, and the fine stems rubbed off, then rub them on the strainer till the flour, grit and stems have passed through the meshes. Then place the strainer with the currants in a large pan of luke warm water and wash thoroughly. Lift the strainer and currants together and change the water until nothing more is washed from the fruit and the water is clear. This is much easier than to leave the currants directly in the pan and simply pour off the water, for they are mixed with the sediment.

When the fruit is clean and well drained turn it out between two towels and spread it apart, drawing the perfect fruit to one end and carefully removing any stones or poor fruit which did not pass through the strainer. Let them dry thoroughly in a sunny or warm place, but do not harden them by putting them in the oven. When well dried put them in glass jars carefully covered and keep in a cool, dry place. Enough may be done at one time for the season's supply of fruit cake and pies.

### That Next Morning.

A friend of mine, he goes downtown and sits up with the fellows. He lightly lays his lucie down for reds, whites, blues and yellows. He orders up a lot of things and takes a nifty nibble and on the check the waiter brings his name proceeds to scribble. He smokes a twenty-cent cigar and when the minstrels gather, in joyous song before the bar, is he in line? Well, rather! When menials in his service range, to save him time and trouble, he looks, while saying, "Keep the change" like Monte Cristo's double. But, oh, next day you ought to hear the words of fact and fable with which he chases all the cheer far from the breakfast table! It fills the flat with gloom and strife and sorrow and misgiving—the line of talk he gives his wife about the cost of living!—Exchange.

### Hashed Brown Potatoes.

Peel and wash some raw white potatoes, cut them into inch-square dice. Boil them in salted water until they are tender, then drain off the water. Pour into a buttered pudding dish and pour over them a rich, well-seasoned white sauce. Cover and bake in a good oven for 20 minutes, then uncover and brown richly and serve. These are delicious with cold meats and hot biscuits or graham gems.

### Ginger Puff Pudding.

Cream half a cup of butter, add two tablespoons of sugar, two eggs well beaten, one cup of milk, 2½ cups of flour mixed and sifted with three teaspoons of baking powder, one-quarter cup of ginger cut in small pieces and one tablespoon of ginger sirup. Turn into a buttered mold and steam 1½ hours. Serve with whipped cream, sweetened and flavored with ginger sirup and a speck of salt.

### Baked Apple Meringue.

Pare and core six apples, put in baking dish with a little water and sprinkle the apples with sugar; when baked, beat the white of one egg stiff, add two tablespoons sugar, and put a part of the meringue on the top of each apple. Bake about six minutes in a moderate oven.

### When Boiling Potatoes.

Add a little milk to the water in which potatoes are boiled. It will prevent their turning dark and improve their flavor.

### Carving a Ham.

Before a boiled ham has had a chance to cool, a certain cook cuts out the bone carefully, fills the hollow left with the trimmings made by the cutting, then ties the whole up tight and lets it grow cold. It then slices readily and without waste.

### Good Broom Holder.

A good broom holder can be made by nailing two spools to the wall, about two inches apart. Hang the broom up side down between the two spools.

## WOULD ALMOST FALL ASLEEP

Daring Ordinary Conversation, and Became Breathless After First Few Words.

Westhoff, Texas.—Mrs. Evie L. Powell, of this town, authorizes the following for publication: "I had terribly nervous, trembling, and smothering spells, and became so weak, I could hardly get around. Would almost fall asleep during a common conversation, and became breathless after the first dozen words."

I thought I had lung trouble, but found it was all caused from womanly weakness.

I then commenced using Cardui, the woman's tonic, and the first bottle gave me relief. Am now feeling fine, and just as wide awake, and as lively as anyone.

I know I would have been a wreck had it not been for Cardui, and I do not think enough can be said in favor of this great woman's medicine. I gained more strength from one bottle than anything else I ever tried. I recommend it to all women or girls who are without the glow of health on their cheeks."

These nervous, trembly, smothering spells, which Mrs. Powell describes, are very common symptoms of womanly trouble, and should be given the proper treatment to prevent a general breakdown.

For over fifty years, Cardui, the woman's tonic, has been building up weak, nervous women to strength and health. It will do the same for you, if given a fair trial.

Get a bottle of Cardui today. N. B.—Write to: Chattanooga Medicine Co., Ladies' Advisory Dept., Chattanooga, Tenn., for special instructions on your case and 64-page book, "Home Treatment for Women," sent in plain wrapper. Adv.

Blessed is the man who doesn't give offense. Also unusual.

A low grade man judges his friends by what they are willing to do for him.

### The Reason.

"He says he is going to stick to business."

"No wonder. He makes flypaper."

### Corroborative Detail.

"Isn't he a fly kind of a fellow?"

"Well, he's bought an airship."—Baltimore American.

### Fishy.

Knicker—Was your house robbed? Bocker—Yes; burglars stole the plants, cat and canary just before my wife came home.

### An Ultimatum.

"My dear, I see you are having some clothes made for your poodle."

"Yes; it is the latest fad."

"Well, I serve notice right here that I won't button any dogs down the back."

### Along With the Rail.

A dorky named Dick was known as a notorious thief, so much so, in fact, that all the thefts in the neighborhood were charged to him. Finally one man had all his turkeys stolen and he had Dick arrested.

"You stole Mr. King's turkeys?" asked the judge.

"Well," said Dick slowly, "I'll tell you, sir; I didn't steal dem turkeys, but last night I went 'cross Mr. King's pasture and saw one of my rails on de fence, so I jes' brought it home, and, confound it, when I come to look, dar was nine turkeys settin' on de rail."—National Food Magazine.

### FULLY NOURISHED

Grape-Nuts a Perfectly Balanced Food.

No chemist's analysis of Grape-Nuts can begin to show the real value of the food—the practical value as shown by personal experience.

It is a food that is perfectly balanced, supplies the needed elements for both brain and body in all stages of life from the infant, through the strenuous times of active middle life, and is a comfort and support in old age.

"For two years I have used Grape-Nuts with milk and a little cream, for breakfast. I am comfortably hungry for my dinner at noon."

"I use little meat, plenty of vegetables and fruit, in season, for the noon meal, and if tired at tea time, take Grape-Nuts alone and feel perfectly nourished."

"Nerve and brain power and memory are much improved since using Grape-Nuts. I am over sixty and weigh 155 lbs. My son and husband seeing how I had improved are now using Grape-Nuts."

"My son, who is a traveling man, eats nothing for breakfast but Grape-Nuts and a glass of milk. An aunt, over 70, seems fully nourished on Grape-Nuts and cream." "There's a Reason."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

## KITCHEN AS A LIVING ROOM

A Little Thought Given to Decoration and Appointments Will Make It Attractive.

It is possible to have the kitchen as attractive in its own way as the living room, especially when the woman does the greater part of her work and takes pride and pleasure in having the reputation of being a good housewife.

The display of quaint Delft ware kitchen boxes on view in one hardware department is enough to tempt the housewife to refit a dingy kitchen. These boxes, which are made to hold sugar, salt and spice, are labeled and have quaint Dutch scenes in blue and white on them. Half a dozen of these boxes on the kitchen shelf, with a background of clean paint or tiling, present an attractive appearance, as well as a very convenient way of having these articles close at hand. The newest bread boxes have rounded glass windows in the lid, so that the contents may be inspected without raising the lid and admitting the air.

What would our great-grandmothers say to the array of mechanical contrivances which make the up-to-date kitchen resemble a laboratory? There is about as little resemblance between the present methods of cookery and the utensils used, and the ways of yore as there is between our modern gas stove and open fire and hanging crane.—Pittsburgh Dispatch.

## FOODS DESIGNED FOR SEASON

Apple and Grape Have Been Especially Set Apart by Nature to Serve at This Time.

The wise housekeeper is devoting some attention to the apple and the grape at this season, for they are the most beneficial of all the fruits.

And we need them more now than at any time during the year. Our systems require the proteins, sugars and fats, etc., that they contain in order that we may build up for the long winter which is before us.

The wise housekeeper knows these things. She studies food scientifically and understands just what it is expedient to give her family at each season, just what food will be most nourishing and health-bestowing for them.

A famous doctor in Germany has said that apples should be placed on the table three times a day and every day in the year.

### Tomato Jelly.

One-third cup of cherry, two cups of stewed strained tomatoes, two level tablespoons of jelly powder or gelatin, salt and paprika.

Either canned or fresh tomatoes may be used. These must be cooked with a little parsley, onion and bay leaf, if liked, and then strained so as to eliminate the skin and seeds. Follow directions for preparing the jelly powder or gelatin. When soft, add to the hot cooked tomatoes, seasoning at the same time with salt and paprika. Let the mixture stand until nearly cold; then add the sherry and turn into wet after dinner coffee cups or very small molds to set. At the time of serving, unmold, place on lettuce leaves and put a generous spoonful of mayonnaise over each.—Pictorial Review.

### Singing Wires.

Most of us have wondered at the curious "singing" of the telegraphs and telephone wires often heard along quiet country roads. Professor Field of the University of Ottawa suggests that the noises are due to vibrations transmitted to the wires by the posts, which receive them from the earth, and that they are the results of earth vibrations identical with those that the seismograph, or earthquake detector, records. "The song of the wires," Professor Fields adds, "is the song of the barometer; if it is low, a change in the weather may come in two days; if sharp, it may be immediate."—Youth's Companion.

### Hard Cooked Eggs (Not Boiled).

Put the eggs into a saucepan, pour over them one cupful of cold water for each egg, and one cupful extra. Cover the saucepan and place over a moderate fire. As soon as the water boils remove it at once and set it in a warm place for twenty minutes.

### When Frying Eggs.

When frying eggs, add a spoonful of flour to the grease in which they are fried and they will look and taste much better and will also turn without breaking.

### Cheese and Pimento Salad.

To one cream or Neufchatel cheese or to three-quarters cupful of cottage cheese add two canned pimentos, chopped fine. Blend well and form into small balls. Serve on lettuce leaves with French dressing.

### Tomato Salad With Cream.

Slice tomatoes in rather thick slices into salad bowl; sprinkle with salt, pepper and a little sugar if desired. Chill, and just before serving put over them some whipped cream and sprinkle with chopped olives.

## DIZZY, HEADACHY, SICK, "CASCARETS"

Gently cleanse your liver and sluggish bowels while you sleep.

Get a 10-cent box.

Sick headache, biliousness, dizziness, coated tongue, foul taste and foul breath—always trace them to torpid liver; delayed, fermenting food in the bowels or sour, gassy stomach.

Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.

Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will surely straighten you out by morning. They work while you sleep—a 10-cent box from your druggist means your head clear, stomach sweet and your liver and bowels regular for months. Adv.

### Casey's Definition.

O'Brien—An' phwat's a tin weddin', Casey?

Casey—Shure, it's when ye've been married tin years.

There is only one thing a woman dislikes more than flattery, and that is not to be flattered.

## THREE WOMEN TESTIFY

To the Merit of Lydia E. Pinkham's Vegetable Compound during Change of Life.

Streator, Ill.—"I shall always praise Lydia E. Pinkham's Vegetable Compound wherever I go. It has done me so much good at Change of Life, and it has also helped my daughter. It is one of the grandest medicines for women that can be bought. I shall try to induce others to try it."—Mrs. J. H. CAMPBELL, 206 N.

Second St., W. S., Streator, Illinois.

Philadelphia, Pa.—"It was at the 'Change of Life' that I turned to Lydia E. Pinkham's Vegetable Compound, using it as a tonic to build up my system, with beneficial results."—Mrs. SARA HAYWARD, 1825 W. Venango St., (Tioga) Phila., Pa.

San Francisco, Cal.—"I have taken Lydia E. Pinkham's Vegetable Compound for many years whenever I would feel bad. I have gone through the Change of Life without any troubles and thank the Compound for it. I recommend it to young girls and to women of all ages."—Mrs. C. BARRIE, 3052 26th St., San Francisco, Cal.

The success of Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled. If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

## Why Scratch?



"Hunt's Cure" is guaranteed to stop and permanently cure that terrible itching. It is compounded for that purpose and your money will be promptly refunded WITHOUT QUESTION if Hunt's Cure fails to cure itchy, Eczema, Tetter, Ring Worm or any other Skin Disease. 50c at your druggist's, or by mail direct if he hasn't it. Manufactured only by A. B. RICHARDS MEDICINE CO., Sherman, Texas.

To cure costiveness the medicine must be more than a purgative; it must contain tonic, alterative and cathartic properties.

## Tutt's Pills

possess these qualities, and speedily restore to the bowels their natural peristaltic motion, so essential to regularity.

Get full particulars of Dr. R. B. Tutts' Vegetable Compound. Over 100 money getting orders, money back plan. Ask how we give our agents \$11 worth for \$10. We pay the freight. Exclusive territory. Established 1880. J. C. TUTT & CO., 200 N. 2nd St., St. Louis, Mo.

PISO'S REMEDY Best Cough Syrup. Tastes Good. Use in time. Sold by Druggists. FOR COUGHS AND COLDS